

This school is S.E.E.D. Certified®



Schools Excelling in Emotional Development (S.E.E.D.) Certification® is the one-stop school certification for building emotional intelligence.



Scan for **Tiny Humans, Big Emotions** course

We support your teachers so they can support you

Providing sustainable professional development and ongoing coaching, to support teachers with tools for self awareness and regulation.

What is Tiny Humans, Big Emotions?

When your child's school is S.E.E.D. Certified®, you gain access to our signature online program, Tiny Humans, Big Emotions, to support you with tools to do this work at home. Connect and collaborate with your teachers through a unified approach to emotional development!

Ask your director for your school's unique access code

S.E.E.D. Certified® Professional Development



We've carefully designed each lesson in the certification to build emotional intelligence by diving into social programming, biases, and triggers so teachers can bring the self-awareness and the self-regulation skills necessary to teach children from a regulated state.

Core 8 Workshops

✓ **Bias & Self-Awareness in the Classroom**

Discover the goals of anti-bias education, how and why to implement this work in early childhood education classrooms

✓ **Self-Care to Prevent Burnout**

Understand how self-care and boundaries relate to overall regulation and emotional capacity within the classroom

✓ **Anti-Bias Curriculum for Anti-Racist Classrooms**

Identify your personal triggers and cultivate skills to address them

✓ **Sensory Integration Beyond Sensory Bins: Calming the Central Nervous System**

Understand how behavioral challenges can be connected to underlying sensory components

✓ **Connecting with Families**

Develop a classroom culture that welcomes all families and foster relational trust between teachers and caregivers.

✓ **Emotion Coaching for Emotion Processing**

Dive into the CEP method, the importance of adult self-regulation, the triangle of growth, and the 5 phases of emotion processing

✓ **Boundaries, Discipline, & Visual Aids for Emotionally Supportive Classrooms**

Learn how to set boundaries while also cultivating a sense of emotional safety within the classroom

✓ **Supporting the Development of Children's Regulation and Language Through Play**

Know when/if to intervene in play in order to support regulation and language development

The Seed Teacher Summit

Includes 18 workshops spanning a diverse range of topics lead by experts from across the early childhood education field to support educators with tools to:



**Build
teacher
resilience**



**Respond to
challenging
behaviors**



**Support
children
through trauma**



**Have hard
conversations
with families**